



# SUMMER LUNCH MENU 2023

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**Week 1**

**June 26**

Chicken Nuggets  
Smiley Fries  
Apple Slices  
Corn

**June 27**

Hot Dog/Hamburger  
Chips  
Watermelon  
Cherry Tomatoes

**June 28**

Waffles  
Turkey Sausage  
Tater Tots  
Banana

**June 29**

Chicken Quesadillas  
Plums, Carrots  
Yellow Rice  
& Black Beans

**June 30**

Pizza  
Clementine  
Cucumbers

**Week 2**

**July 3**

Chicken Nuggets  
Smiley Fries  
Apple Slices  
Corn

**July 4**

Camp Closed  
Happy 4th!



**July 5**

French Toast Sticks  
Turkey Sausage  
Tater Tots  
Banana

**July 6**

Chicken Quesadillas  
Plums, Carrots  
Yellow Rice  
& Black Beans

**July 7**

Pizza  
Clementine  
Cucumbers

**Week 3**

**July 10**

Chicken Nuggets  
Smiley Fries  
Apple Slices  
Corn

**July 11**

Hot Dog/Hamburger  
Chips  
Watermelon  
Cherry Tomatoes

**July 12**

Waffles  
Turkey Sausage  
Tater Tots  
Banana

**July 13**

Chicken Quesadillas  
Plums, Carrots  
Yellow Rice  
& Black Beans

**July 14**

Pizza  
Clementine  
Cucumbers

**Week 4**

**July 17**

Chicken Nuggets  
Smiley Fries  
Apple Slices  
Corn

**July 18**

Hot Dog/Hamburger  
Chips  
Watermelon  
Cherry Tomatoes

**July 19**

French Toast Sticks  
Turkey Sausage  
Tater Tots  
Banana

**July 20**

Chicken Quesadillas  
Plums, Carrots  
Yellow Rice  
& Black Beans

**July 21**

Pizza  
Clementine  
Cucumbers

**Week 5**

**July 24**

Chicken Nuggets  
Smiley Fries  
Apple Slices  
Corn

**July 25**

Hot Dog/Hamburger  
Chips  
Watermelon  
Cherry Tomatoes

**July 26**

Waffles  
Turkey Sausage  
Tater Tots  
Banana

**July 27**

Chicken Quesadillas  
Plums, Carrots  
Yellow Rice  
& Black Beans

**July 28**

Pizza  
Clementine  
Cucumbers

**Week 6**

**July 31**

Chicken Nuggets  
Smiley Fries  
Apple Slices  
Corn

**August 1**

Hot Dog/Hamburger  
Chips  
Watermelon  
Cherry Tomatoes

**August 2**

French Toast Sticks  
Turkey Sausage  
Tater Tots  
Banana

**August 3**

Chicken Quesadillas  
Plums, Carrots  
Yellow Rice  
& Black Beans

**August 4**

Pizza  
Clementine  
Cucumbers

**Week 7**

**August 7**

Chicken Nuggets  
Smiley Fries  
Apple Slices  
Corn

**August 8**

Hot Dog/Hamburger  
Chips  
Watermelon  
Cherry Tomatoes

**August 9**

Waffles  
Turkey Sausage  
Tater Tots  
Banana

**August 10**

Chicken Quesadillas  
Plums, Carrots  
Yellow Rice  
& Black Beans

**August 11**

Pizza  
Clementine  
Cucumbers

**Week 8**

**August 14**

Chicken Nuggets  
Smiley Fries  
Apple Slices  
Corn

**August 15**

Hot Dog/Hamburger  
Chips  
Watermelon  
Cherry Tomatoes

**August 16**

French Toast Sticks  
Turkey Sausage  
Tater Tots  
Banana

**August 17**

Chicken Quesadillas  
Plums, Carrots  
Yellow Rice  
& Black Beans

**August 18**

Pizza  
Clementine  
Cucumbers

\*Anyone with allergies or dietary restrictions to **Gluten/Dairy/Egg/Soy/Vegan** will order lunch weekly with our allergy specialist.

**Daily Alternatives to Hot Lunch:** Turkey Sandwich, Cheese Sandwich, Wow Butter & Jelly Sandwich, Bagel with Butter or Cream Cheese, Veggie Burger, Salad with Grilled Chicken, Cheerios. **Sides:** Apple Sauce, Carrots, Garden Salad, Yogurt (vanilla or strawberry), Cheese Sticks, or Hard Boiled Eggs. *\*Subject to change. \*Plain pasta available on Tues/Thursday only.*